

# YOUR PHARMACY BENEFIT



## Five ways to get the most out of your pharmacy benefit plan

### 1. Use myCigna.com

Gives you quick access to:

- › See your pharmacy claim history
- › Read your benefit details
- › See medication prices based on your plan
- › Ask a pharmacist a question
- › Manage your Cigna Home Delivery Pharmacy<sup>SM</sup> orders and request refills\*

### 2. Learn what medications are covered

Save money by checking out the list of medications covered under your plan on **myCigna.com**. The amount you pay depends on whether your medication is listed as a generic, preferred brand, non-preferred brand or specialty medication.

### 3. Use the Drug Cost Tool\*\*

View medication costs based on your pharmacy plan, see if there are lower cost alternatives and compare prices between Cigna Home Delivery Pharmacy\* and retail pharmacies.

### 4. Use Cigna Home Delivery Pharmacy\*

Cigna Home Delivery Pharmacy is a convenient mail order pharmacy with many benefits:

- › Free standard delivery right to your home or work
- › Access to licensed pharmacists, 24 hours a day, to answer your questions and put you at ease in the privacy of your home
- › Up to 90-day supply, so you fill less often

- › Free refill reminders are available by email or text to help make sure you don't miss a dose
- › Confidential packaging that stands up to harsh weather

### 5. Get help with specialty medications

We can help you understand and manage your condition. Our therapy management teams, made up of health advocates with nursing backgrounds and pharmacists, are specially trained to help you have the best experience possible. We offer:

- › Personalized, 24/7 support
- › Condition-specific education on medication therapy and side effects
- › Help with medication approval process
- › Financial assistance programs if needed



**Questions? Call the toll-free number on the back of your ID card.**

**Together, all the way.®**



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