

## **Drug Free Schools and Communities Act Biennial Report 2022-2023 & 2023-2024**

### **1. Summary**

The Drug-Free Schools and Campuses Regulations (34 CFR Part 86), requires that, as a condition of receiving funds or any other form of financial assistance under any federal program, an Institution of Higher Education (IHE) must certify that it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.

In order to certify its compliance with the regulations, an IHE must adopt and implement a drug prevention program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees both on school premises and as part of any of its activities. Creating a program that complies with the regulations requires an IHE to do the following:

- Annual Distribution of a document to all students and employees that includes:
  - Standards of conduct prohibiting unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.
  - A description of local, state, and federal laws which provide sanctions against unlawful possession or distribution of illicit drugs and alcohol.
  - A description of health risks associated with the use of illicit drugs and the abuse of alcohol.
  - A description of the treatment resources available to students and employees.
  - A clear statement that the college or university will impose disciplinary sanctions on students and employees (consistent with local, state, and federal law).
  - A description of those sanctions, up to and including expulsion, or termination of employment and referral for prosecution. A sanction may include the requirement that the offender complete an appropriate treatment program.
- Completion of a Biennial review by the University of its Alcohol and other Drug program that includes the following objectives:
  - Evaluation of the effectiveness of AOD policies and programs.
  - Verification that the disciplinary sanctions described in the document are consistently enforced.
  - Recommendation for program and policy changes as needed.

A copy of the Biennial Review must remain on file and be available for inspection by the U.S. Department of Education. A copy of this document is maintained on file in the Dean of Students Office located on the 2nd floor of the Bishop Dougherty University Center. Additionally, the report may be found at <https://www.shu.edu/student-life/drug-free-schools-and-campuses-act.cfm>

### **1.1. Purpose**

Seton Hall University is committed to protecting the safety, health and well-being of all employees and individuals in our workplace. As a residential community with a significant number of individuals under the age of 21 residing on our campus, we have an even stronger commitment to ensuring that our community is free of illegal drugs and alcohol. We recognize that alcohol abuse and illegal use of drugs pose a significant threat to our mission. We have established a drug-free workplace program that balances our respect for individuals with the need to maintain an alcohol- and drug-free environment.

Seton Hall University acknowledges its legal obligation to conduct a biennial review of compliance with the Drug-Free Schools and Communities Act and authorized an administrative review to be conducted in determining if the university fulfills the requirements of the previously mentioned Federal regulations. The purpose of this report is to comply by compiling data collected over the past two years. The following campus units provided information for the biennial report:

- The Dean of Students Office
- The Office of Student Engagement
- Residence Life
- Athletics
- Human Resources

The purpose of this document is to meet the legal requirements of conducting a biennial review and summarizes the programs and activities related to alcohol and drug prevention on Seton Hall University's campus during the period of time of 2022-2024.

### **1.2. Biennial Review Process**

The following information was examined for the biennial review:

- Prevention initiatives that were offered during the review period.
- Various resources available to students and employees regarding drug and alcohol abuse.
- Information on alcohol and other drugs.
- Student Code of Conduct policies related to drug and alcohol use on campus and the sanctions imposed for failure to comply.
- Employee policies related to drug and alcohol use by university employees and repercussions for violation of said policies.

The following information provides further detail about the review process

- This biennial review will cover the 2022-2023 & 2023-2024 Academic Years
- Nicole Giglia, Senior Associate Dean of Students – Preparer

- Physical copies of the Biennial Review can be provided by the Office of the Dean of Students

## **2. Annual Policy Notification Process**

Annual Distribution occurs through email notification to all students and employees that includes:

- Standards of conduct prohibiting unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.
- A description of local, state, and federal laws which provide sanctions against unlawful possession of distribution of illicit drugs and alcohol.
- A description of health risks associated with the use of illicit drugs and the abuse of alcohol.
- A description of the treatment resources available to students and employees.
- A clear statement that the college or university will impose disciplinary sanctions on students and employees (consistent with local, state, and federal law).
- A description of those sanctions, up to and including expulsion, or termination of employment and referral for prosecution. A sanction may include the requirement that the offender complete an appropriate treatment program.

Employee notification is provided through Human Resources. Student notification is provided through the Dean of Students Office in conjunction with the Annual Security Notice.

## **3. Policy Overview**

In accordance with State and Federal law, Seton Hall University employees and students are prohibited from the following conduct:

- the illegal manufacture, possession, distribution, dispensation, purchase, sale or use of prescription drugs, illicit drugs, and/or controlled substances;
- the unauthorized use and/or possession of alcohol on University premises or while on University business;
- reporting to work under the influence of alcohol, illegal drugs, or controlled substances, or prescription drugs used illegally;
- and the possession and use of any alcohol outside of the confines of the law and University policy.

### **3.1 Student Code of Conduct Policies and Sanctions**

The University Student Code of Conduct provides the following policies related to drugs and alcohol:

#### ***Drug Policy Violation***

Use, possession, manufacturing, or distribution of marijuana, heroin, narcotics, or other controlled substances (i.e., prescription drugs) except as expressly permitted by federal law. This

includes possession or use of any form or type of paraphernalia associated with controlled substance(s). Paraphernalia includes, but is not limited to bongs, hookahs, rolling papers, etc.

Parents or legal guardian will be notified if their student is found to be in violation of this policy.

### ***Alcohol Policy Violation***

Use, possession, manufacturing, or distribution of alcoholic beverages (except as expressly permitted by University regulations), or public intoxication. Alcoholic beverages may not, in any circumstance, be used by, possessed by, or distributed to any person under twenty-one (21) years of age.

Being responsible and knowledgeable means knowing and abiding by New Jersey state laws and University policies regulating the use of alcohol. Students should be specifically aware of the following:

- a) Students who are twenty-one (21) years of age or older may have alcohol in their rooms or apartments, as permitted by the Residence Hall Alcohol Policy. Alcohol is not permitted in public areas of the residence halls such as halls, restrooms, lounges, and lobbies.
- b) Open containers of alcohol are not permitted to be outside on campus grounds at any time. This includes walkways around the residence halls.
- c) Intoxication, as exhibited by behavior, is prohibited, and will subject the student to disciplinary action. Inappropriate behavior relating to alcohol use will be regarded as a serious violation of the Student Code. The involvement of alcohol and/or other drugs is not considered a legitimate excuse for violation of any University policy.

Parents or legal guardians of students under twenty-one (21) years of age will be notified if their student is found to be in violation of the University's alcohol policy.

Sanctions on students include disciplinary action, up to and including dismissal from the University. A full list of possible sanctions can be found in the [Student Code of Conduct](#).

The Division of Athletics provides additional expectations and standards related to student athlete's and the use of alcohol and other drugs, outlined in the [Student Athlete Handbook](#).

Additionally, [Seton Hall Law School policies related to drugs and alcohol](#) can be found on their website.

### **3.2 The Good Samaritan Policy**

The University also encourages individuals to report situations of medical emergencies due to alcohol- or drug-related use through the [Good Samaritan Policy](#).

### **3.2 Employee Policies and Sanctions**

Employee policies for alcohol/drug related use can be found within the [Employee Handbook](#).

Sanctions on employees include disciplinary action, up to and including termination of employment. Sanctions on students include disciplinary action, up to and including dismissal from the University.

### **3.4 Criminal Sanctions**

Criminal sanctions under Federal, State, and local laws are included in [Appendix A](#).

## **4. Health Risks and Available Resources**

Serious health risks are associated with illicit drug use and alcohol abuse including, but not limited to, the following:

- Alcohol and Other Depressants (barbiturates, sedatives, and tranquilizers):
  - Addiction, accidents as a result of impaired ability and judgment, alcohol poisoning, overdose when used with other depressants, damage to a developing fetus, heart and liver damage.
- Marijuana
  - Impair short-term memory, thinking, and physical coordination. Can cause panic reaction, and increase the risk of lung cancer and emphysema. Can interfere with judgment, attention span, concentration, and overall intellectual performance. Impairs driving ability. May cause psychological dependence and compromise the immune system.
- Cocaine
  - Addiction, cardiovascular system damage including heart attack, brain damage, seizures, lung damage, severe depression, paranoia, psychosis. Similar risks are associated with other stimulants, such as speed and uppers.
- Nicotine
  - Tobacco smoke contains thousands of chemical compounds, many of which are known to cause cancer. Nicotine is a central nervous system stimulant, produces an increase in heart and respiration rates, blood pressure, adrenaline production and metabolism. People can rapidly become physically and psychologically dependent on tobacco. Compromises the immune system.
- Inhalants

- Inhalants are a diverse group of chemicals that easily evaporate and can cause intoxication when their vapors are inhaled. Most inhalants are central nervous system depressants. Use of these drugs slows down many body functions. High dose can cause severe breathing failure and sudden death. Chronic abuse of some of these chemicals can lead to irreversible liver damage and other health problems.
- Prescription Drug Abuse
  - Adverse reactions, dependency, withdrawal, and overdose.

For more information about health risks associated with alcohol abuse and illicit drug use, visit <https://www.samhsa.gov/adult-drug-use>. For more facts about additional illicit drugs, visit <https://www.dea.gov/factsheets>. For more information about drug use, misuse, and prevention, visit <https://www.campusdrugprevention.gov/>.

The University provides opportunities for students and employees to seek help regarding the use of alcohol and other drugs.

For information regarding support, students can contact Health Services at (973) 761-9175 or Counseling and Psychological Services (CAPS) at (973) 761-9500.

Employees are encouraged to contact Human Resources at (973) 761-9177 or utilize the [Employee Assistance Program](#) (EAP).

## **5. Prevention and Education Programs**

Seton Hall University offers a variety of prevention education programs to inform the University community of the risks associated with alcohol and other drug use and resources available to them for help. The following programs were offered during the review period:

### **Dean of Students Office**

- Peer Educator Program – The KNOW MORE and Dare to Care Peer Educators provide critical education to the University community, specifically students, about alcohol and other drug use, sexual violence prevention, mental health awareness and suicide prevention. This program utilizes a harm reduction approach to encourage students to make informed decisions about lowering their risk of the harmful consequences associated with substance use and misuse. The Peer Educators employ a multifaceted approach to this education including poster and social media campaigns, workshops, collaboration with other departments and interactive tabling events.  
*Highlighted programs include: Glaze Don't Blaze (marijuana education), Life Hacks (stimulant education), Alcohol Awareness Week (alcohol education)*

- OPT to Respond – This workshop provided the University community with lifesaving training on bystander intervention and Narcan administration.
- Dare to Care Alcohol Education Course (Kognito) – This course, used during Academic Year 2022-2023, provided students with alcohol education and bystander intervention steps through a role-playing type course. Students found in violation of the alcohol policy were sanctioned to complete this course. The program was discontinued by the vendor, Kognito, and was not used in the subsequent academic year covered in this review.
- eCHECKUP TO GO (alcohol) - Developed by psychologists at San Diego State University, the eCHECKUP TO GO programs are personalized, evidence-based online interventions that are designed to motivate users to make positive changes and enhance overall well-being and mental health. The alcohol version of the module is given to students as a sanction for a first time Alcohol Policy Violation beginning in Academic year 2023-2024.
- eCHECKUP TO GO (marijuana) Developed by psychologists at San Diego State University, the eCHECKUP TO GO programs are personalized, evidence-based online interventions that are designed to motivate users to make positive changes and enhance overall well-being and mental health. The marijuana version of the module is given to students as a sanction for a first time Drug Policy Violation beginning in Academic year 2023-2024.
- Matt Bellace – “How to Get High Naturally” is a speaking engagement provided to all incoming students about choosing to forgo the use of alcohol and drugs to create meaningful connections with peers.

#### Residence Life

- Alcohol Education Programming – many programs held in the residence halls provide students with an opportunity learn more about alcohol, drugs, and the impact they have on the student experience. These programs aim to education students about alcohol and drugs to promote harm reduction and bystander intervention.  
*Highlighted programs include: AOD Trivia, Rethink that Drink, Above the Influence, Know Your Pour, Public Safety and Security Drunk Goggles Tabling, Alcohol Safety Game Show*
- Alternative Programming – Residence Life provides a variety of events held on nights and weekends to offer students an opportunity for substance-free social engagement. These events are also held on occasions where there may be increased opportunity for alcohol/other drug use such as on Halloween, long weekends, etc.

#### Counseling and Psychological Services

- [What's Up Doc Counseling and Psychological Services online video Q&A forum](#)
  - What's Up Doc: Alcohol Part 1
  - What's Up Doc: Alcohol Part 2

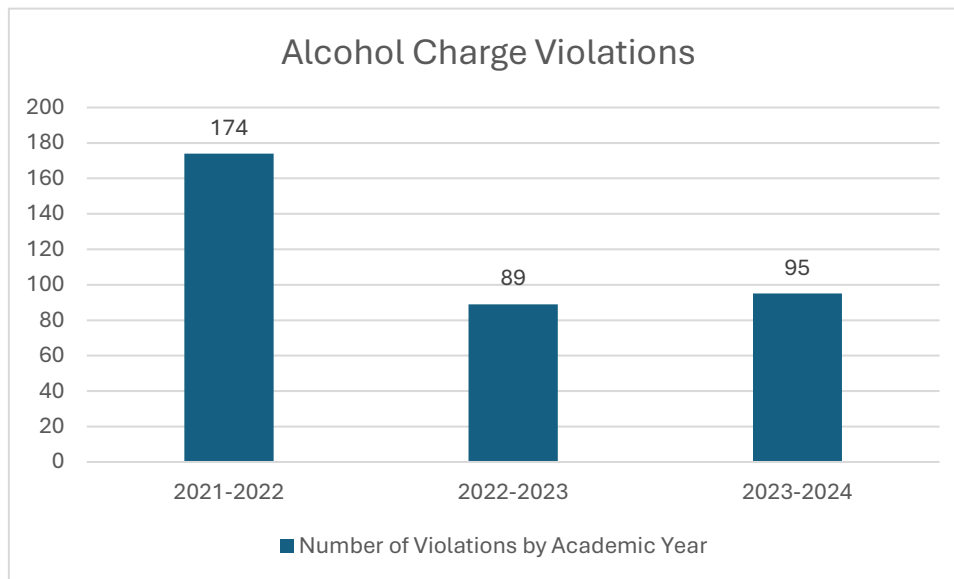
#### Athletics

- Game Plan – Athletes are required to complete a number of online education modules including ones that focus on alcohol and other drug use. For athletes who move off campus, a custom module was created by the Dean of Students Office that covers legal and practical implications of alcohol/drug use off campus and in a private home.
- eCHECKUP To Go – Athletics also employs the use of the eCHECKUP to Go for students athletes who demonstrate a need for additional alcohol/drug education.

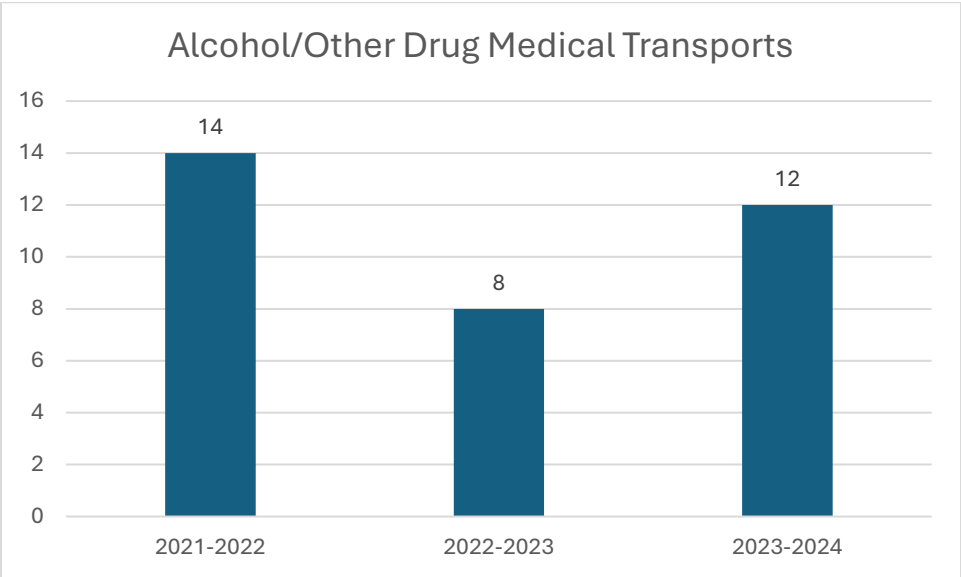
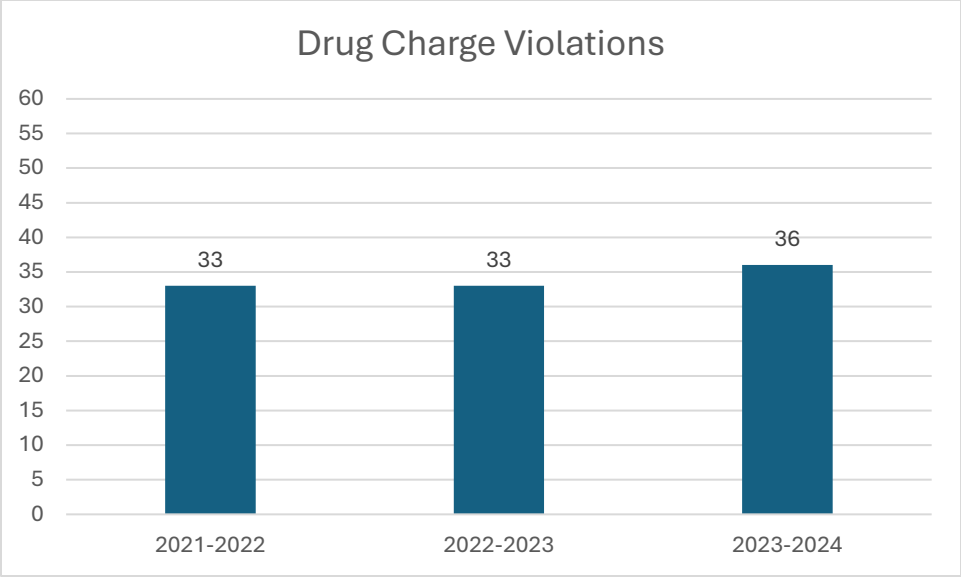
## 6. Program Effectiveness

To demonstrate program effectiveness, the below data from the Student Conduct process outlines the number of alcohol and drug violations that were assessed during this review period.

Additionally, data from the eCHECKUP TO GO program is also provided. All data is provided in aggregate form to protect student privacy.

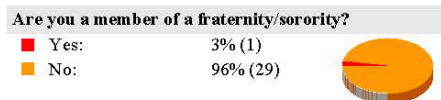
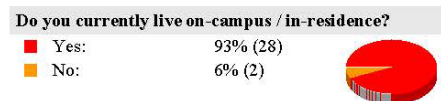
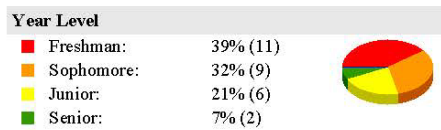
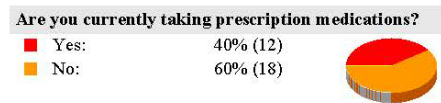
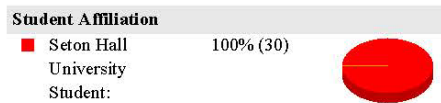
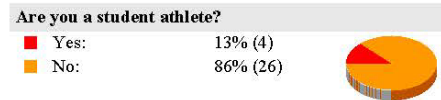
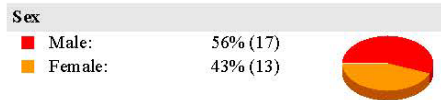








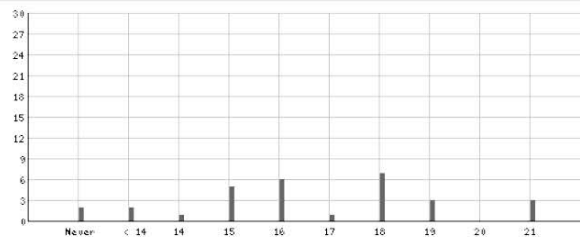
Between Jul 01, 2023 and Jun 30, 2024, 30 people have completed the program. Together they have created 30 entries.



### Usage Statistics (Selected Variables)

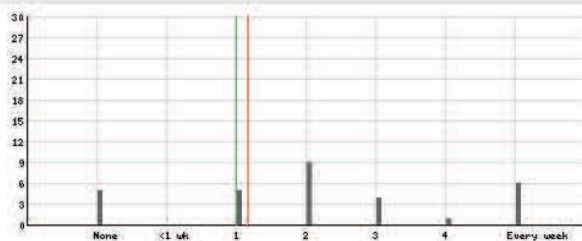
#### Age first started using marijuana

N: 30  
Min: never  
Max: 21  
Range: 21  
Mode: 18  
Median: 17.5  
Mean (Average): 15.8  
Standard Deviation: 6.5



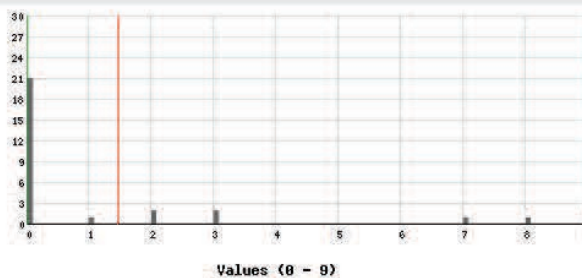
#### Weeks in a month using marijuana

N: 30  
Min: 0  
Max: 4.3  
Range: 4.3  
Mode: 2  
Median: 2  
Mean (Average): 2.16  
Standard Deviation: 5.4



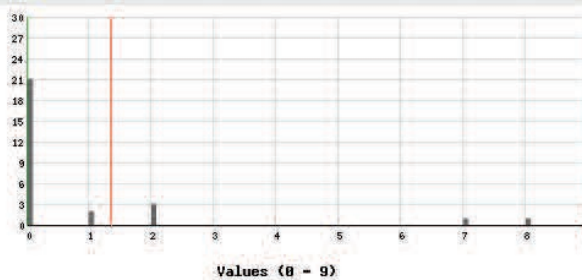
#### Hours spent under the influence Monday

N: 30  
Min: 0  
Max: 9  
Range: 9  
Mode: 0  
Median: 0  
Mean (Average): 1.47  
Standard Deviation: 12.7



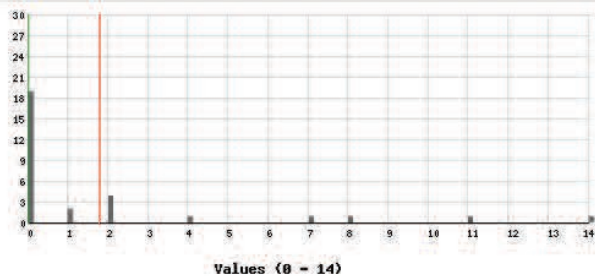
#### Hours spent under the influence Tuesday

N: 30  
Min: 0  
Max: 9  
Range: 9  
Mode: 0  
Median: 0  
Mean (Average): 1.37  
Standard Deviation: 13.1



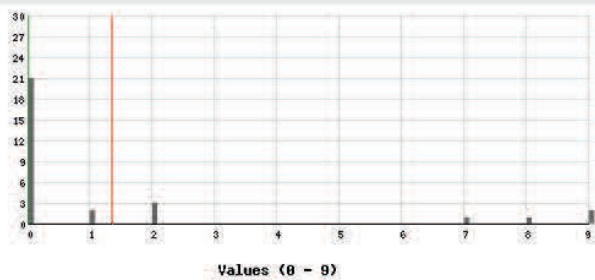
#### Hours spent under the influence Wednesday

N: 30  
Min: 0  
Max: 14  
Range: 14  
Mode: 0  
Median: 0  
Mean (Average): 1.8  
Standard Deviation: 14.3



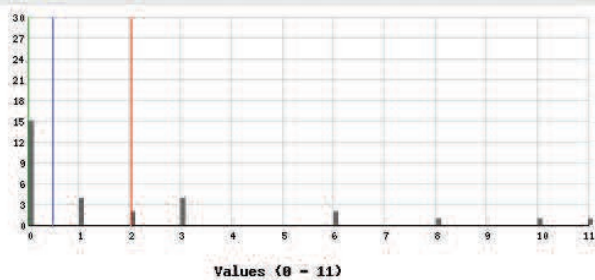
#### Hours spent under the influence Thursday

N: 30  
Min: 0  
Max: 9  
Range: 9  
Mode: 0  
Median: 0  
Mean (Average): 1.37  
Standard Deviation: 13.1



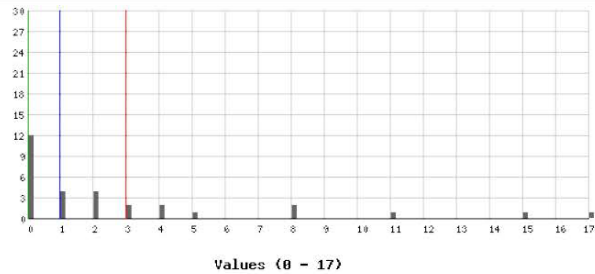
#### Hours spent under the influence Friday

N: 30  
Min: 0  
Max: 11  
Range: 11  
Mode: 0  
Median: 0.5  
Mean (Average): 2.03  
Standard Deviation: 11.8



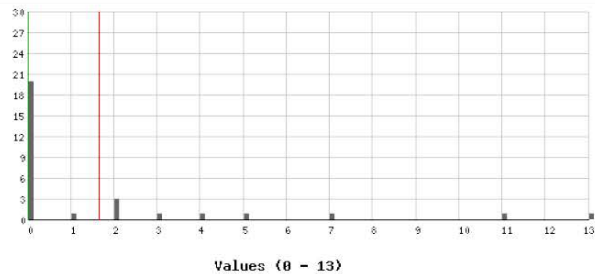
#### Hours spent under the influence Saturday

N: 30  
Min: 0  
Max: 17  
Range: 17  
Mode: 0  
Median: 1  
Mean (Average): 3  
Standard Deviation: 14



#### Hours spent under the influence Sunday

N: 30  
Min: 0  
Max: 13  
Range: 13  
Mode: 0  
Median: 0  
Mean (Average): 1.67  
Standard Deviation: 13.8



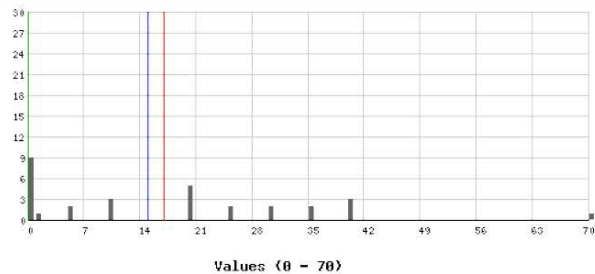
#### How often user mixes marijuana and alcohol

Never: 60% (18)  
Sometimes: 36% (11)  
Often: 3% (1)



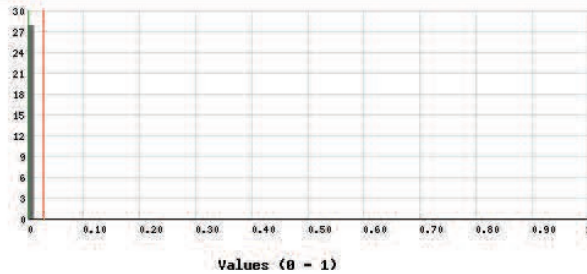
#### Amount of money spent on marijuana in one week

N: 30  
Min: 0  
Max: 70  
Range: 70  
Mode: 0  
Median: 15  
Mean (Average): 17.03  
Standard Deviation: 22.8



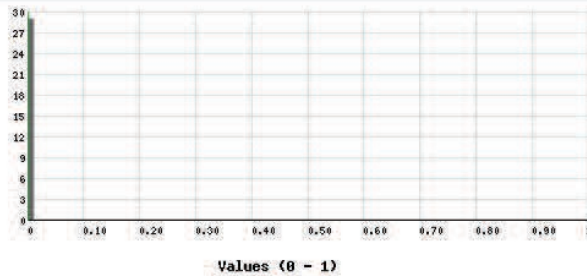
**Number of drinks on typical Monday**

Max: 1  
Range: 1  
Mode: 0  
Median: 0  
Mean (Average): 0.03  
Standard Deviation: 5.4



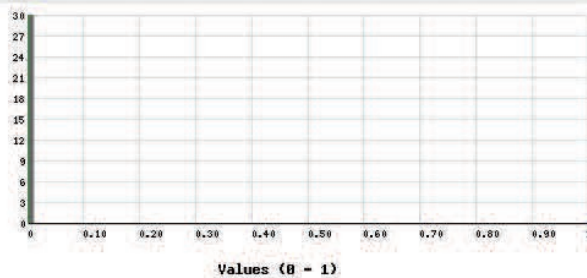
**Number of drinks on typical Tuesday**

Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



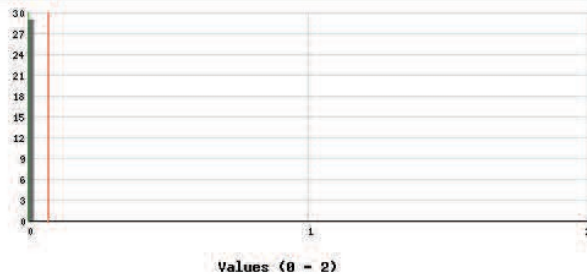
**Number of drinks on typical Wednesday**

N: 30  
Min: 0  
Max: 0  
Range: 0  
Mode: 0  
Median: 0  
Mean (Average): 0  
Standard Deviation: 0



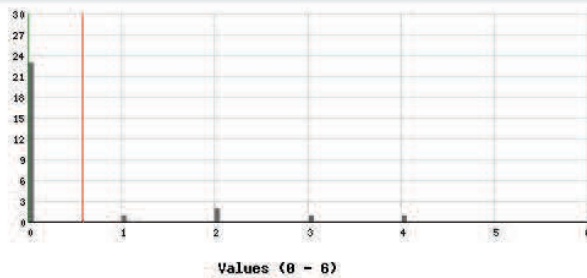
**Number of drinks on typical Thursday**

N: 30  
Min: 0  
Max: 2  
Range: 2  
Mode: 0  
Median: 0  
Mean (Average): 0.07  
Standard Deviation: 7.6



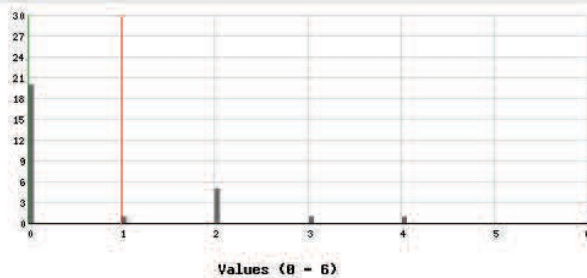
**Number of drinks on typical Friday**

Max: 6  
Range: 6  
Mode: 0  
Median: 0  
Mean (Average): 0.6  
Standard Deviation: 9.9



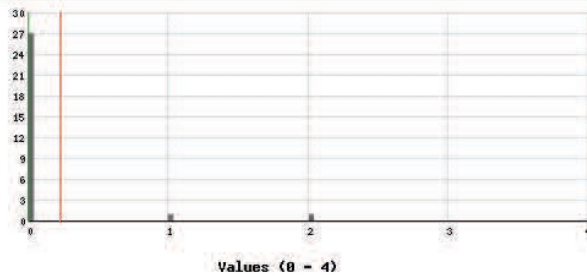
**Number of drinks on typical Saturday**

N: 30  
Min: 0  
Max: 6  
Range: 6  
Mode: 0  
Median: 0  
Mean (Average): 1  
Standard Deviation: 9.4



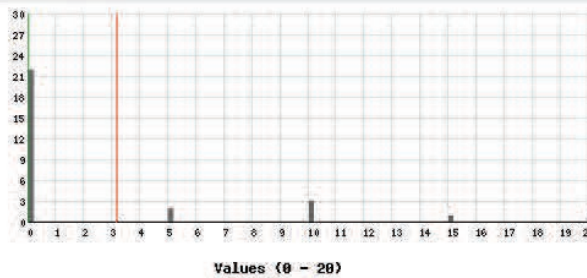
**Number of drinks on typical Sunday**

N: 30  
Min: 0  
Max: 4  
Range: 4  
Mode: 0  
Median: 0  
Mean (Average): 0.23  
Standard Deviation: 0.42



**Amount of money spent on alcoholic beverages in one week**

N: 30  
Min: 0  
Max: 20  
Range: 20  
Mode: 0  
Median: 0  
Mean (Average): 3.17  
Standard Deviation: 3.84



**Findings:**



Upon completion of the review, this report provides evidence of several strengths and areas for opportunity regarding promoting an alcohol and drug free environment.

### **Strengths**

- Seton Hall University provides a clear statement, policies, and sanctions regarding the use of alcohol and other drugs.
- The institution conducts a biennial review of its policies, prevention programs, and assessed their effectiveness with recommendations for changes to address any gaps.
- The institution tracks the number of drug- and alcohol-related violations demonstrating policy enforcement.

### **Areas for Opportunity**

- This biennial review would be strengthened by the creation of a committee to ensure all areas of the campus community are adequately represented.
- Enhance student attention towards the Annual Notification.
- Additional data regarding student use of alcohol and drugs outside of students who are referred to the student conduct system would be beneficial when planning and implementing prevention education efforts.

### **Recommendations**

- Create a committee to conduct the next biennial review. Membership should include a representative from Athletics, the Office of Student Engagement, Human Resources, and the Dean of Students Office at minimum.
- Provide a standalone annual notice to students regarding the Drug Free Schools and Communities Act.
- Conduct an alcohol/drug use survey with the broader student community.

### **Appendices**

- [Appendix A – Alcohol/Drug Related Laws and Penalties under the Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Campuses Act of 1989](#)